

LOOE COMMUNITY NEWS FEBRUARY - MARCH 2025



SEE PAGE 10



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for Looe and surrounding Parishes



EVENTS IN LOOE & POLPERRO: SAVE THESE DATES

More details coming soon for the Dine Out, On The Water and National Cream Tea Day events – see the Welcome to Looe & Polperro Facebook Page and www.welcometolooe.com.



HERITAGE CENTRE & COFFEE SHOP AT THE SARDINE FACTORY

Reopening for 2025 on the 17th of March!
Come and join us this season at the Sardine Factory, West Looe.

Cream teas, cake, sandwiches and much more.

We are fully licenced, and all our produce is locally sourced!

Look out for events being held in the Heritage Centre on our Facebook page.

www.looeharbourheritagecentre.uk



Message from Mayor of Looe

Cllr Tony Smith



Happy New Year! As we step into 2025, I would like to wish everyone in our amazing town a year filled with health, happiness, and success. Exciting times lie ahead for Looe, with plans for new projects, events, and initiatives already in motion. Here's to a wonderful year ahead!"

A reflection on our Christmas Community Events

Looe has enjoyed a vibrant festive season, with a fantastic array of community events, including the annual lantern parade, funded by Looe Town Council. The season also featured late-night shopping and the spectacular New Year's Eve fireworks, both of which were supported by Town Council grants. We extend a heartfelt thankyou to everyone who supported and contributed to making these events a success! We would also like to further extend our gratitude to The **Boundless Trust** for organising a Secret Santa collection again this year. The initiative, which provides gifts for local families in need, saw



an increase in donations compared to last year, exemplifying that the true spirit of the festive season—giving remains a priority for Looe residents! Featured are images of the beautiful Christmas lights which were seen on BBC Cornwall's CornishChristmasLightTour24 & The Boundless Trust wrapping gifts in our council chambers.

A Festive Visit to Wildlife Futures Monkey Sanctuary

In December 2024, we made a visit to Wild Futures Monkey Sanctuary in Looe, discovering the day-to-day of their amazing volunteer team! Michelle (Volunteer co-ordinator) discussed the importance of helping hands 'we welcome volunteers from all walks of life, right now, we urgently need people to repair our overalls'. Michelle further expressed gratitude to those who donate to the 'monkey wish-list' on the Wild Futures website. We thought we'd start the ball rolling and donate a box from local vendors. If you would like to do the same the details can be found on their website: <https://www.monkeysanctuary.org/>



Looe Library & Community Hub Update:

New Year, New Hobby? Looe Library and Community Hub have been busy arranging a selection!

Looe Library & Community Hub is kicking off 2025 with a series of free workshops every Tuesday until February 4th, featuring activities like watercolours, crochet, and a bonus cross-stitch workshop on Saturday February 8th.

They're also welcoming Jackie Taylor, the new writer-in-residence, who will host writing workshops across Tuesdays in February and March. The best part? Every workshop is completely FREE after registration! For details, visit Looe Library and Community Hub Facebook page or call 01503 262390.



Maintenance Team Update:



Despite the chilly January weather, our maintenance team is hard at work keeping things in top shape! With the help of The Casual Gardening Company, we've been preparing the Hannafore Rose beds for Spring. Meanwhile, our maintenance manager, Andy is already busy painting the Millpool toilets. Thankfully, if the cold gets too much, he has a cozy new scarf to keep him warm—handmade by the lovely ladies of Knit & Natter, who meet every Tuesday in our Council Chambers.



A reminder: If you are feeling the cold this Winter Looe Library offers a Warm Space with cosy armchairs, a hot drink and friendly staff. Everyone is welcome at Looe Library during the following opening hours: **Mondays & Fridays 9:30am – 1pm, Tuesdays & Thursdays 9:30am – 5pm, Saturdays 10am – 2pm.**

Become a Councillor in 2025!

On 1st May Council Elections will be taking place, this means that there is an opportunity to become a Looe Town Councillor. If you are passionate about the local community and want to make a difference in your town this may be a role for you! The deadline for application is 2nd April 2025. To find out more email enquiries@looetowncouncil.gov.uk. A Councillor information pack is also available on our website at: <https://www.looetowncouncil.gov.uk/town-council/councillor-vacancies>.

If you have a query regarding any of the topics addressed in this segment or wish to share a good news story with the council, please contact us via the following information.

CONTACT US

enquiries@looetowncouncil.gov.uk

01503 262255

Mayor, Cllr Tony Smith: 07774 639023
tony.smith@looetowncouncil.gov.uk

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Cllr Simon Barker: 01503 262929
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Cllr Michala Powell: 07469 633444
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Cllr Jasper Graham-Jones: 01752 586176
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Cllr Armand Toms: 01503 264823
cllr.armand.toms@cornwall.gov.uk

Cllr Martin Gregory: 01503 272796
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LOOE TOWN COUNCIL

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PL13 2AF
01503 262255

Cllr Stuart Haresnape: 01503 262255
stuart.haresnape@looetowncouncil.gov.uk

www.looetowncouncil.gov.uk

Cllr Chris Harwood: 07454 567845
chris.harwood@looetowncouncil.gov.uk

Cllr Jon Holmes: 07940 095322
jon.holmes@looetowncouncil.gov.uk



Are you over State Pension age, or know someone who is?

Pension Credit tops up pension income and can help with day-to-day living costs.

If you are over State Pension age, you may be eligible to claim **Pension Credit**, even if you own your home or have savings. People who claim **Pension Credit** may also be able to get:

- The **Winter Fuel Payment*** and other help with heating costs
- Help with rent and Council Tax
- A free TV Licence for those aged 75 or over
- Help with the cost of NHS services, such as NHS dental treatment, glasses and transport costs for hospital appointments

You could be eligible for **Pension Credit** if your weekly income is below £218.15 or, if you have a partner who lives with you, £332.95. Qualifying income level may be higher in some circumstances.

[Don't miss out.](#)

SCAN TO FIND OUT MORE



Check your eligibility at gov.uk/pension-credit or by calling **0800 99 1234**

Eligibility criteria apply
*or the equivalent in Scotland.



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CLINICS IN TORPOINT (PL11 2LG) & LOOE (PL13 1QQ)



LOOE RNLI LIFEBOAT STATION



Lifeboats

Lifeboats

We are proud to announce that David Haines, our former Lifeboat Operations Manager at Looe RNLI who has dedicated over 30 years to the RNLI, has been recognised in His Majesty The King's New Year Honours for his role in helping the charity save lives at sea.

David is awarded a British Empire Medal (BEM) for his services to the RNLI.

His citation reads: *'A humble hero whose legacy transcends accolades, his selfless devotion is an inspiration to everyone in guaranteeing a path of service, courage, and kindness for generations to come.'*



Congratulations David Haines BEM

From the moment Looe Lifeboat Station reopened its doors in 1992, David has provided selfless service and steadfast commitment to saving lives at sea. Over the past three decades, he has held volunteer roles across all levels within the station, initially as lifeboat crew and then helm, before stepping into the pivotal role of Lifeboat Operations Manager at a time when the station needed strong leadership and stability. His visionary approach has ensured the seamless operation of the station, safeguarding its future through strategic planning, volunteer empowerment, and community engagement. During David's 32 years of service the lifeboats in Looe have been launched on

service 1,027 times, crews have assisted 826 people and saved 65 lives.

At a time of tragedy when a 19-year-old lost his life unexpectedly in 2009, he emerged as a beacon of hope and resilience in Looe, driving an appeal to fund and name a lifeboat after the young man. Over the past two decades, Looe has been well served by two D class lifeboats named in memory of Ollie Naismith.

David also gave his time generously to advocating the RNLI's lifeguard service in south east Cornwall in the busy summer months, ensuring the lifeboat crew and lifeguards train together regularly to achieve the maximum lifesaving effect. This also extended to supporting the lifeguards in their annual rescue board challenge, a gruelling open water paddle using nothing but their arms to raise essential funds for the charity.

His passion for lifesaving stems from a lifelong connection to the sea. In 1979 David's brother John, aged 19, tragically died following a fishing accident at sea. Ever since David has worked tirelessly on and around the water playing his part in water safety. David has been a boat owner since the age of 15 and has worked as a commercial fisherman, as well as serving as a Looe Harbour Commissioner. He also works on the fish market and can usually be found on East Looe quay helping the fishing community, or on his ferryboat Emma Louise.

His contagious enthusiasm has inspired countless individuals to join the RNLI, including his own family members who have followed in his footsteps.

He was recognised with a special Rotary Award for his vocational and voluntary work in 2018, and the RNLI's 30-year Long Service Award in 2022.

He retired from operational service on his 70th birthday in October and has left an outstanding lifesaving legacy as the crew embark on a new chapter. Fortunately, the community has continued to benefit from his unparalleled expertise and wise counsel as he has taken up a new role as Chair of the Lifeboat Management Group, representing the wider activities of the RNLI.

David, in receipt of his BEM said: *'I was so surprised when I received the letter saying that I was going to receive an honour, it took a while for the news to sink in. I feel incredibly proud, and humbled, to have been recognised in this way but I couldn't have achieved anything without the support of the Looe RNLI family - from the operational crew to the many fundraising, shop and*

boathouse guide volunteers, and the local community who have supported Looe RNLI so well over the decades.

'On a personal note, I'm also very proud that my family have been influenced by my volunteering and have all been involved in the RNLI and maritime in one way or another. I'd like to thank everyone who has made my time with the RNLI so memorable, and for my family who have been so supportive.'

'My 32 years as a volunteer has been immensely rewarding and I feel privileged to be part of such a fantastic organisation.'

In total five volunteers from the RNLI have been recognised in the King's New Year's Honours. RNLI Chief Executive Peter Sparkes said: *'What a wonderful way to end the RNLI's 200th anniversary year with recognition for these volunteers from right across the UK.'*

'For a charity to have survived 200 years based on the time and commitment of volunteers – and on the sheer generosity of the public who provide kind donations – is truly remarkable. Good people responded then and have continued to do so for two centuries: men and women showing extraordinary courage, supported by volunteers and donors who hold the RNLI's values dear.'

'Our volunteers are the heart of our lifesaving service – we couldn't do what we do without them. My congratulations to these five worthy recipients and my sincere thanks to the thousands of others who continue to volunteer their time as we embark on our third century of saving lives at sea.'

Souvenir Shop

Our souvenir shop has reopened for the 2025 season. Subject to volunteer availability, and the weather, it will be open daily between 11 am and 4pm. Our shop has a wide range of products.

Albatross Boathouse

Subject to the weather, our visits team may open the boathouse for the Wednesday / Thursday / Friday over February half term. Our boathouse will reopen daily to the public from Friday 4 April 2025 and like our shop it will be open daily between 11 am and 4pm. Our team of volunteer boathouse guides will be on hand to show you the charity's inshore lifeboats and launch tractors. They can answer all your questions and tell you more about the RNLI, the Looe volunteer crew, our shouts and how to keep safe on the water.

Are you Ready to Rock Out at Hannafore Point?

Tickets are now on sale for this Lee Quinney Tribute Concert organised by our fundraising team. Join us for an unforgettable night of music and memories. The show will take place on Saturday 15 March 2025 at the Hannafore Point Hotel in Looe. Expect a dazzling performance of Elton John's greatest hits, from classic ballads to energetic anthems. Sing along to your favourite tunes, dance the night away, and immerse yourself in the magic of Elton's music. Tickets costing £20 are on sale through EventBrite:

<https://www.eventbrite.co.uk/e/rnli-looe-elton-john-rocketman-live-tribute-show-registration-1087019136499>

This event is in support of RNLI Looe Lifeboat Station whose volunteers are dedicated to saving lives at sea. By attending, you'll be contributing to a worthy cause while enjoying a fantastic night out. So, gather your friends and family, and let's make this a night to remember!

In support of Looe RNLI

Lee Quinney as Elton John

Hannafore Point Hotel 15 March 2025

Show starts 7-30pm, Doors open 6-30pm

Supported by Liskeard & Looe Radio

With Raffle, Auction & Bar

LEE QUINNEY AS ELTON JOHN

ROCKETMAN LIVE

TRIBUTE SHOW

Tickets £20 from **EVENTBRITE**

The RNLI is the charity that saves lives at sea.

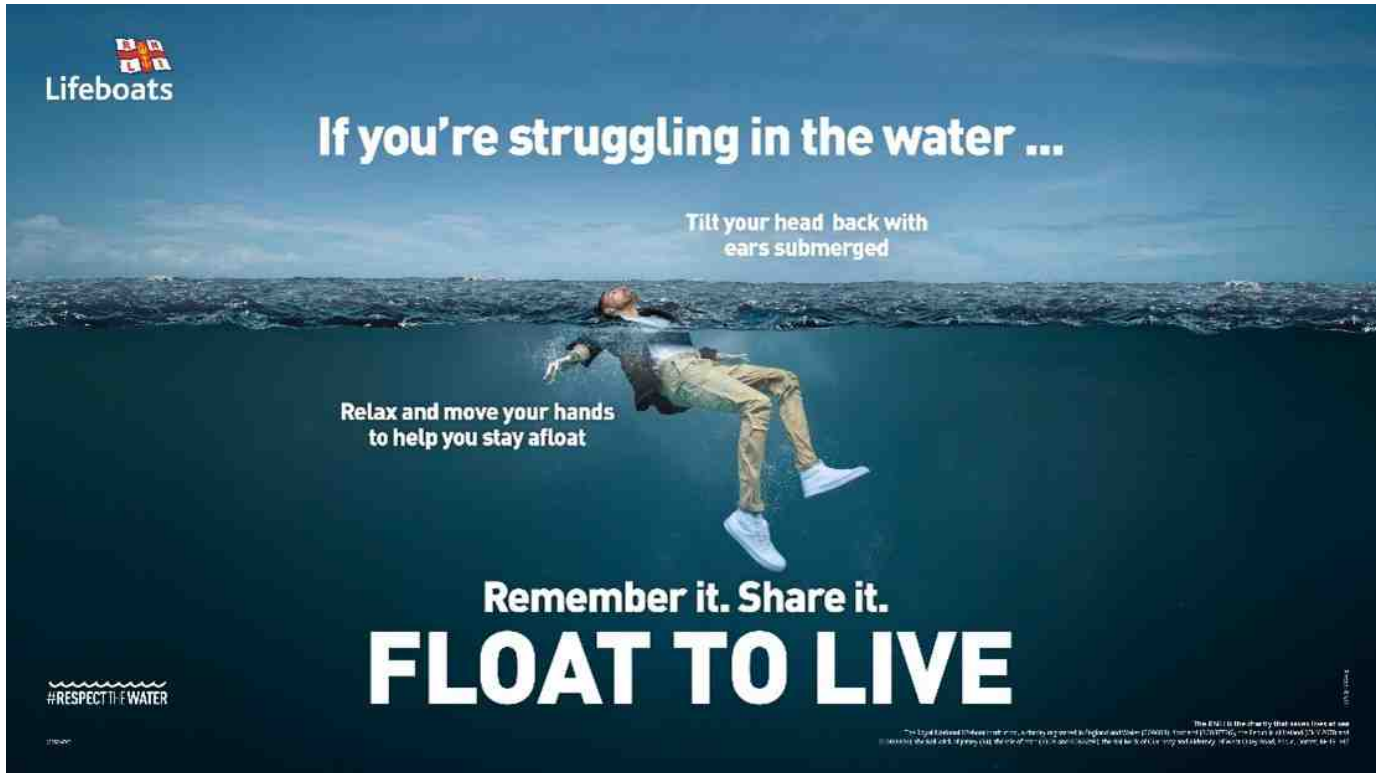
The Royal National Lifeboat Institution, a charity registered in England and Wales (206605), Scotland (SC037720), the Republic of Ireland (ICRF 0078 and 00803320), the Falkland Islands (116), the Isle of Man (1108 and 006209), the Bahamas of Christmas and Ascension, of West Coast Mainland, Phoenix, Tristan, St. Helena, Christmas, Easter, Easter Island (Registration No. 94774033), RNLI (Ireland), Limited (registration number 700224), also trading as RNLI Shop, RNLI College, limited (registration number 770447), all companies are registered in England and Wales with registered offices at West Quay Road, Poole, Dorset BH15 1NE.

Shouts

Our crew at Looe have been ready to answer the pager and rescue those in difficulty. Between 14 November 2025 and 9 January 2025 our volunteer crew pagers have remained silent.

The 2025 Looe Raft Race

The Looe raft race is back, it's time to get a team together and build a raft. Thanks to the Looe Boat Owners Association the raft race is on Sunday 22 June 2024 at 3.20 pm. More information can be found at <https://www.lboa.co.uk/rafttrace2025.htm>



Keeping safe on the coast: RNLI lifeguard cover on the Whitsand bay beaches have now finished for this year, so it is more important than ever to Respect the Water, check the tide times, wear appropriate buoyancy aids and take a method of calling for help. If you are on East Looe beach check the orange windsock on East Looe Town Trust's building by the Old Lifeboat Station. If it is pointing out to sea this denotes an offshore wind which can easily blow an inflatable, stand up paddleboard, kayak or canoe out to sea and hinder your attempts to return to shore safely.

Float to live:

However you end up in the water, if you get into trouble, remember to Float to Live. Cold water shock is our body's natural response to entering cold water and can very quickly lead to drowning. Floating, even for a short time, allows the effects of cold water shock to pass. It enables you to regain control of your breathing and your survival chances will greatly increase.

You can learn how to float following these five simple steps:

1. Tilt your head back, submerging your ears.
2. Relax and try to control your breathing.
3. Move your hands to help you stay afloat.
4. Your legs may sink but that's OK – everyone floats differently.
5. Spread your arms and legs to improve your stability.

We actively encourage practising how to float in a safe environment. It's a lifesaving skill and having the confidence to float in a life or death situation could make all the difference.

If you see someone struggling in the water, fight your instinct to jump in and help. Stay on land and 999 and ask for the Coastguard at the coast, or Fire & Rescue when inland.

Tell the person in danger to float on their back and throw them something that floats, which they can use for buoyancy.

Find out more at <https://respectthewater.com/>

Open water / cold water swimming

Open Water Swimming is becoming more popular around our coasts - whether you're swapping the swimming pool for open water or just enjoying a quick dip, please take care. Safety information can be found on the RNLI website:

<https://rnli.org/safety/choose-your-activity/open-water-swimming>.



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LOOE ROWING CLUB

The New Year always starts with a BANG for LRC! Straight back into hard training, not only to get rid any extra Christmas pounds, but to compete for a place to represent Looe in the World Pilot Gig Championships. Our Rowing Committee has the difficult task of selecting our racing crews to represent the club on the Isles of Scilly in May. This means lots of committee meetings, analysing of video footage, and the eagle-eyed amongst you may have spotted us sprinting up and down the short stretch of river by the Millpool car park with selectors looking on, clipboards and camera phones in hand! With the first round of selection over, the task of ensuring every crew is in tip-top shape and ready to race starts now!

When not rowing on the water or training in the gym, everyone in the club has had their eyes glued to their phones tracking obsessively the progress of our Oars of Thunder Crew, Nat (Rothwell), Harry (Poulson), Kim (Tolfrey) and Sally (Crabb) who have been taking part in The World's Toughest Row. They have done absolutely fantastically reaching the finish line in Antigua at the end of the gruelling 3000 miles row in a time of 40 days 16 hours and 48 minutes. They finished in 1st place in their Class (mixed) 5th in Fours teams and 6th overall!!



Everybody in the club is immensely proud of what they have achieved, and what a credit these guys are to the town of Looe!

Ed: And so say all of us! Congratulations – an amazing achievement.



Coming soon: An opportunity to hear the Oars of Thunder team talk about their experience – 2839 miles, three years in the making. Find out more about the highs, lows and interactions with wildlife.

Further details to follow once the team have had time to recover and settle back into life on land!



LOOE OLD CORNWALL SOCIETY

We meet on the second Saturday of the month at St Martin's Hall, Looe, at 2.30 pm, for a talk, raffle, and a chance to socialise over tea and cake.

On **8th February**, Carole Vivian will talk about "The Big Bang, Disaster at Herodsfoot", and on **8th March** our AGM will be followed by Mark Camp's postcards of Old Looe.

On **Wednesday 5th March** we will celebrate St Piran's Day with a pasty lunch. Details at February meeting.

All welcome, members free, visitors £2. Free parking and a warm welcome - You don't have to be old or Cornish!

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He has a wealth of experience and we know that he will improve the foot health of patients who choose to visit him at Harbour Clinic.

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Saturday 22nd February

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Free Defibrillator & Basic Life Saving Skills Training Sessions

Sunday 9th February 2025

In the Heritage Centre, West Looe

10.00am (2 hours)

&

1.00pm (2 hours)

Each session is limited to 12 persons. If you would like to attend one of these sessions (please state which session) contact:

**Looe Harbour Office on 01503 262839 or
by email: reception@looeharbour.com**

The sessions will be filled on a first come, first served basis.

We look forward to hearing from you.



EAST LOOE TOWN TRUST

New Year is traditionally a time to both look back at history and forward to the future. East Looe Town Trust has existed since 1890 when the Trust Deed was established and the former East Looe Town Council ceased to exist. It was registered as a Charity in 1964 and was then regulated by a scheme of the Charity Commissioners in 1980. It became a Charitable Incorporated Organisation in 2016. Our office often receives enquiries (for example, about toilets) that should be directed to Looe Town Council and they are often surprised that we are completely separate organisations.

Looe is a unique place in many ways but one of its quirks is that charities own, maintain and manage land and buildings more than the Town Council. This can be confusing for residents and visitors alike! Looe Town Council is the local authority body – they are based above the Library in the Millpool Car Park. Then there are the Harbour Commissioners, the Looe Development Trust, West Looe Town Trust and East Looe Town Trust. We pride ourselves on working co-operatively for the good of the town but we are all completely separate organisations.

East Looe Town Trust owns and maintains the beach and seafront, the Wooldown and commercial premises as well as both Guildhalls – the “new” one completed in 1877 is the iconic building with the clocktower on Fore Street and the fifteenth century Old Guildhall now houses our Museum on Higher Market Street. Many of our buildings are old and listed and so the cost of maintaining them is considerable.



After a lot of hard work by the board of Trustees and the Trust Manager, ELTT was successful in obtaining a grant which has partially funded the renovation of the Old Lifeboat Station and The Watchtower on the seafront. As well as renovating the buildings, the project also includes provision to create an on-line history of the building and the boats and crew that were involved in some heroic rescues – please keep an eye out for the launch of this informative and entertaining new website. We have also worked with Devon and Cornwall Rail Partnership to create a heritage walk – details will be announced soon. This iconic Old Lifeboat Station and the



adjoining Watchtower were erected in 1866 after it was realised that Looe needed its own lifeboat.



When stripped back you can see the windows that were originally part of the Custom House (now Pier Café) and then were obscured when the Lifeboat Station was built in 1866.



The First Floor of the Watchtower showing the delta membrane being installed.



The Old Lifeboat Station with all materials ready to go.

The grant from the Good Growth Fund has helped up to renovate the buildings, which were in an almost derelict state. The work has involved replacing broken lintels (including the main one over the arched entrance) and strengthening the structure as well as rewiring the entire building, so that it will last for another 200 years, although now used in a slightly different way.

The Watchtower will be repurposed to be used as the Trust office – this is physically a much smaller space than the current office, but it will reduce our carbon footprint considerably. With modern methods of digital storage of information, this has reduced the amount of office space needed for a modern organisation. The Watchtower and the nearby workshop/tractor shed will have their electricity supplied by the newly installed PV system – via solar roof slates (not large solar panels). This is very new technology and we believe that we are among the first to use it in this area.

The Old Lifeboat Station was advertised for rent by Miller Commercial and the Board of Trustees are delighted to announce that after a stringent assessment of all applicants the successful tenant, subject to successfully obtaining all permissions, is Penrock Distillery. It has been a very long process to get to be able to make the announcement as all due processes had to be followed and then checked by the Charity Commission.

Once the Old Lifeboat Station work has been completed, the keys will be handed to the new tenant, who will then fit it out to their design. ELTT is very pleased that the successful tenant is Looe boy Sim Daley who started Penrock Distillery when he returned to his home town, after learning the craft in Nashville, USA. More information on the business is available at www.penrockdistillery.co.uk



AGE CONCERN LOOE

Age Concern meet up every
Tuesday afternoon
1.30-4pm
in the bottom bar of
Looe Social Club.

Come and have a go at
bingo with a cup of tea.
We also have trips and
meals out.

Look forward to seeing you
there.

Kind regards, Pat and the
Committee



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Adaptable for each individuals health & mobility

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St. Martin's Community Hall, Looe

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You bring your broken item from home
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What can you bring?

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LOOE ISLAND MARINE NATURE RESERVE UPDATE



Kingfisher!

Yes, I know, people are always surprised when we say that we get kingfishers here on the island. We do indeed feel very lucky to see these jewel-like birds, especially in the depths of winter. In fact, they are often recorded in the winter by the coast, where it is milder. There have been plenty of recent sightings – either perched around the east side of the island or zipping fast and low over the water towards the mainland. Local birder and island volunteer Derek Spooner has photographed kingfishers here on the island as well as along the shore at Hannafore – perhaps it's the same bird?



We put birds first!
Photo taken at distance with a big zoom
Photographer a good distance away



As usual in December we see cormorants building nests on the southern cliffs – they really put on a great display in their breeding plumage. Then there are also the ravens who regularly nest here – they have been cronking, displaying and defending their territory over the island so we expect to spot them at their nest soon. It's always great to see these signs of breeding in the depth of winter and makes us look forward to the Spring.

We put birds first!
Photo taken at distance with a big zoom
Photographer a good distance away

One of the best spectacles though are the roosting gulls. Last year we contributed to the BTO's winter gull survey (WinGS) and counted around 5,000 gulls coming here to safely spend the night around the island's shores. Perhaps at dusk, you've noticed gulls streaming down Looe Harbour and heading this way? They are mainly a mix of great black-backed and herring gulls. Experts have listed both these birds as being of 'conservation concern', with herring gulls, a bird we tend to think of as 'common' being on the red list (of greatest concern) as numbers have been declining for decades.



So it's both a joy and reassuring to witness large numbers of gulls in the area.



All year round we monitor seals. Some of the monitoring is ad hoc. For example, the resting grey seal (an adult male called One Spot 2) in the photograph was recorded by us as we were working outside back in December. All our records are shared with Cornwall Seal Group Research Trust. They collate all the sightings and are able to create calendars of each identified seal. So we know that One Spot 2 was first identified around the island back in 2014. Since then, he has been identified 197 times! 11 of these occasions

were during our monthly surveys and he's also been identified by 21 different volunteers at five different sites east and west of Looe. So, despite his wound he's still with us – what a survivor!

And what about plants and insects? There are plenty of yellow catkins dangling from the hazel trees. Hazels are wind-pollinated and catkins are actually the male flowers. The female flowers are much less obvious, being small buds with tiny little pinky red 'tendrils'. As they are wind-pollinated they don't produce nectar to attract pollinating insects, but with little else in flower in the winter insects still visit the catkins and collect protein rich pollen. Indeed, we have seen a few early emerging bumblebees, although they've mainly been feeding on the purple flowers of the garden hebe shrubs.



Finally we have recently had some lovely clear skies so we thought we'd share a moon photo with you all :)
Here's to a bright and wildlife filled 2025!

Claire Lewis
Warden's Assistant for Looe Island Nature Reserve
Cornwall Wildlife Trust

For more information about Looe Island nature reserve see:
<https://www.cornwallwildlifetrust.org.uk/explore/visit-looe-island>

Images:

Kingfisher : Derek Spooner

All Other Images: Claire Lewis.

Please note: The seal and sea bird images were taken from a distance with a powerful Zoom lens to avoid disturbing the wildlife.



Looe Shedders

Imagine your garden shed, turbocharged
and full of your new friends
That's Looe Shedders

Looe Shedders' recipe for becoming a force for good in the community:

Take some retired people that enjoy working together
Find sources of second hand materials that can be recycled
Invite community organisations to suggest projects for us to make

The result?

A sense of accomplishment and being useful among members
Community organisations being able to provide something extra
A reduction in waste that will help for the future of our planet



And a growing list of community projects.

We have a list of almost 20 - some booked for the future and others already delivered.
Here are some highlights:

- Playground bus for Looe Primary School, completed (photo top right)
- Wendy house for Trenode Primary School, under way (photo bottom left)
- Playground tractor for Trenode, under way (photo bottom right)
- ST martin's Hall grounds maintenance, under way
- Allotment shed for Kernow Health CIC, under way
- Play House for Looe Primary School, pending
- Phonebox revamp for Morval PC
- Raised veg beds for Kernow Health CIC
- Raised flower beds for Looe Primary School
- Wooden railings for Barbican Pre-school
- Scenery construction for drama project



Some of our completed Community projects:

- Cross and Wall montage for Hillcrest Nursing Home
- Looe Carnival human roller coaster (with Looe Pioneers and Looe Sea Swimmers)
- Secure cupboard at St Martin's hall
- Completing fitting out and networking PCs at the Haven

We would like to thank everyone who has contributed to the GoFundMe campaign to replace our stolen tools, which has so far raised £1,080. We have already been able to increase our storage security and are continuing with our community projects.



Looe Shedders is a charity registered in
England and Wales (#1208819)
Run by volunteers to benefit our
community.

email: contactus@looeshedders.co.uk
Website: www.looeshedders.co.uk



OLD GUILDHALL MUSEUM & GAOL, EAST LOOE



We are currently closed for the winter season as is normal but that doesn't mean that everything grinds to a halt inside our wonderful building. This is when we get any maintenance that is required carried out, never easy in an old place like ours and the ELTT team are busy throughout the entire year.

It is also the time to update and renew any displays that need attention. Obviously this is impossible to do when we have visitors; we can't isolate an area like the larger museums can. Try explaining to the Smith family why little Jimmy really can't help with moving that priceless, delicate artefact! Incidentally, priceless can mean just that- the object may have no or minimal monetary value but its historical importance to the town makes it worth a fortune to us all.

A trip to the printers is necessary as the museum guide needs to be updated to reflect any changes to displays and new external signage is needed as our opening times will be altering. For 2025 we will be open full days Monday to Friday and closed at the weekends when foot-fall is low for us. (Previously Tuesday & Sunday were half days, closed Saturday)

Can I do some market research? Would there be much interest in a 2026 Museum calendar of old Looe photos? Please email me- museum@eastloometowntrust.co.uk if you think you might be likely to want one, or more!

I would like to thank everyone who visited and supported the Museum during 2024. Let us look forward to an interesting, cheerful and successful 2025.

Penny McHugh
Volunteer Curator
Old Guildhall Museum & Gaol, East Looe

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PELYNT

YFC



Thank You Thank You
Thank you from All at Pelynt YFC



Pelynt YFC would like to say a huge Thankyou to everyone who supported our Charity Tinsel Tractor run on Sunday 15th December 2024. Being part of the community is very important to us and we hope that our tractor run helped spread some festive cheer to you all. A wish also came true for a very special friend of Pelynt YFC, Jack Dunn from Pelynt who got to ride in one of the tractors.

Once again a special thanks must go to Tina Hicks (Looe Harbour Master), Dave Bond and all the staff at the Looe Harbour Commissioners for allowing the 32 tractors to stop in the Buller Quay Carpark. The Looe harbour setting is such a magical part of the evening and for all the support along the route you are all amazing. Thank you to the Looe Lions for their help and support on the night, the Copperfish for providing a venue for Mike Alsop the DJ. Thank you to the Mayor Tony Smith and Cllr Armand Toms for judging again this year. 1st – James, 2nd – Annabella, 3rd – Daniel. Prizes kindly donated by Hannafore Point Hotel and Pelynt Stores & O'keeffes Family Butchers. Thank you to Lanreath Village Hall and Polperro for the use of their carparks and The Topsy Cow for providing drinks throughout the evening.

Our charities for 2024/2025 are the Cornwall Air Ambulance, Farming Community Network, the Dogs Trust and Pelynt YFC Club Funds. The Christmas Tractor Run raised an amazing **£2875**.

A huge shout out must also go to Claire @ Broswyeth for kindly donating the 2 club banners and Thank you for the club clothing printing and embroidery which look fantastic.



Carol singing in Pelynt and finishing at Trefawl Farm kindly hosted by the Hoopers made a lovely evening of Christmas songs, drinks and nibbles and wrapping up Christmas with the Tree Collections in January raised another **£320** for our charities.

Pelynt YFC will be out again in February for our annual Charity Dung Run so please get in touch with your orders.

Thank you to everyone for your support.

Pelynt Young Farmers Club

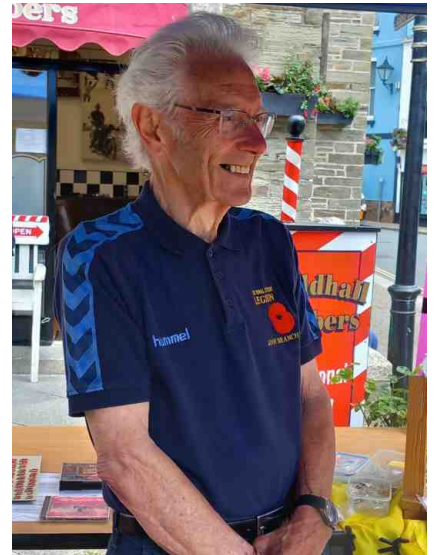


LOOE ROYAL BRITISH LEGION



Annual General Meeting (AGM): We held our annual AGM on Monday 2nd December. Louis Portman stood down as Chairman and was voted in as our branch President, a post he previously held for many years. We thank Louis for his long and continued service to our branch. David Massey was proposed and voted in as Chairman, with Paul Allen being his deputy. Our secretary, Mandy Ricketts volunteered to assist our Treasurer, Neil Playne, because at the time Neil was unwell. Mandy also volunteered to assist our Poppy Appeal organiser, Annette Bryan, who had taken over the post from her late husband David Bryan. We wish all our committee all the best in their positions, be them retained or new.

Neil Playne: It is with great sadness that we heard that our branch treasurer Neil Playne had passed away on 19th December after a short illness. Neil had served in the RAF in Cyprus during the terrorist emergency and joined the British Legion in 1990. He served for many years as our branch Treasurer and will be greatly missed, both as an active branch member and as an individual. From the number of comments on our FB page, our thoughts of Neil are echoed throughout the town of Looe. Our branch's condolences have been passed to Neil's family and we are giving them any assistance that we can. Neil's funeral was held on 20th January, it was extremely well attended and our branch standards were on present.



War Memorial Talk: On Saturday 11th January Louis Portman, gave a talk to the Old Cornwall Society on the servicemen remembered on our Looe War Memorial. The talk was very well received with 80+ people attending.

Looe's War Graves: Our November branch meeting was the last that Neil Playne was able to attend, but he expressed his concern about the state of the war graves in the West Looe Cemetery. EVERY November, prior to Armistice, Neil would place a small wooden poppy cross on each of the war graves in the cemetery. Our branch contacted Cormac, Cornwall Council's contractor, who stated that all graves, war graves or not, are treated the same.

This reply frankly does not fill us with confidence about the care of the Looe war graves. We are therefore planning to do a survey of the war graves in both the West Looe Cemetery and St Martin's church yard, with the object of tidying up the graves and headstones. We would have liked to have carried out this work sooner but we are slaves to the weather. It must be noted that many of our local war graves have family headstones and not the standard Commonwealth War Graves headstones.

Branch Meetings: We always hold our meetings on the first Monday of the month, come rain, snow or New Year's Day. They start at 7:30pm sharp in the ground floor bar of the Looe Social Club, West Looe Quay. You do not have to be a member of the Social Club or an ex-service person to attend one of our meetings, so why not come along, say hello, and see what we do.

Helplines: If you, or your family, need help or advice from the 'Legion' then please call the Royal British Legion's free helpline on **0808 802 8080**. Lines are open 8am to 8pm, seven days a week. Another alternative is the Veterans' Gateway which is a consortium of forces charities, including the RBL, with telephone access 24 hours a day on **0808 802 121**.

Looe Royal British Legion email: rbl.looe@gmail.com

LOOE COMMUNITY TEA ROOM

The Community tea room
in the Rose Garden is run by volunteers
and is open Monday to Saturday
10am to 12 noon.

Come in and have tea or coffee
and biscuits and a friendly chat.

All welcome.

Patricia and her team





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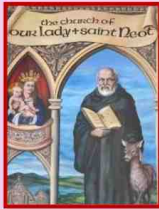
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Church of Our Lady of the Angels, Saltash
Church of St Joan of Arc, Torpoint
Church of Our Lady of Light, Sclerder
Church of Our Lady and St Neot, Liskeard



WISHING EVERYONE A PEACEFUL NEW YEAR!

<u>Usual Weekly Services.</u>	OUR LADY & ST NEOT LISKEARD	OUR LADY OF LIGHT SCLERDER ABBEY	OUR LADY OF THE ANGELS SALTASH	ST JOAN OF ARC TORPOINT
SUNDAY	11AM - MASS <i>(Live Streamed)</i>	9AM - MASS		
MONDAY				
TUESDAY				
WEDNESDAY		12.30PM - MASS		
THURSDAY	10.15AM - MASS 6PM - ADORATION. <i>(Live Streamed)</i>			
FRIDAY	10,15AM - MASS			
SATURDAY			6.30PM VIGIL MASS	4.30PM VIGIL MASS

Parish Priest: Fr Cyriacus Uzochukwu

Parish Secretary : Mel Turner

Tel: 01579 344906

Email: saltash@prcdtr.org.uk

Web: www.liskeardcatholicchurch.org

Please visit our website for up to date Mass Times and Events in the Parish. Or call the Presbytery Office on Wed/Fri between 10am-2pm.





KELTIQUE NEWS

We enjoyed our Christmas concerts (even when we sang outdoors in the wintry weather!) and we hope that you were able to join us at any of the following events:

Sunday 1st December – The Eden Project

Monday 9th December Portbyhan Hotel, West Looe

Friday 13th December Duchy Nurseries late night shopping

Monday 16th December St Nicks, West Looe

Thursday 19th December Looe late night shopping

Sunday 22nd December The Smugglers, Seaton



Our weekly practices resumed on Monday 6th January at the Riverside Church, West Looe and we will be busy this coming spring learning new songs to include in our programme.

Why not join us?

Have you made New Year resolutions? If not, it is not too late! Why not join a choir? Why not join Keltique? We would love to hear from prospective new members. You can give us a try for up to four practices, free of charge. We are a very friendly and supportive ladies' choir who enjoy each other's company and enjoy singing together. Contact Penny to let us know you are coming or simply turn up at Riverside Church for a 7.15pm start Mondays.

For more information about Keltique, including details of events, check out our website at www.keltique.org.uk, our Facebook page, our YouTube Channel or contact Penny at pennyweston@outlook.com.

Sheila's School of Dancing

Over 50's gentle dance-a-cise every Tuesday and Thursday
at the Millpool Centre

Classes also available for children and teens in Disco, Street, and Latin American,
in Looe, Pelynt and Liskeard

Adult classes and private lessons in Ballroom and Latin American

07866 771429

sheiladancing12@gmail.com

GUNNERS KIDS CIC OFFERS FREE ACTIVITY DAYS AND WORKSHOPS FOR FAMILIES FACING TERMINAL ILLNESS



Families with children experiencing the challenges of a parent or carer having a terminal illness are invited to take part in a series of free activity days and workshops, designed to provide support, connection, and meaningful memories.

Organised by Gunners Kids CIC, these events offer unique opportunities for families to spend quality time together while accessing resources and guidance for the journey ahead.

UPCOMING EVENTS

Valentine's Memory-Making Workshop at Newquay Family Hub

When: Friday, 9th February

Where: Newquay Family Hub

Celebrate love and togetherness with a creative Valentine's workshop designed to help families make heartfelt keepsakes and lasting memories.

Booking link: <https://forms.gle/21ULhPHHqRHBgA319> Free

Forest School and Equine-Based Activities at The Hugs Foundation

When: Tuesday, 18th February

Where: The Hugs Foundation, Bodmin

Families can enjoy a day of nature-inspired activities and connect with animals in a serene environment, fostering comfort and creating treasured moments together.

Booking link: <https://forms.gle/y8sKiDehTrixXsxf8> £5 per family - support available for low-income families

Information Session and Karate Activity at St Blazey Family Hub

When: Saturday, 23rd March

Where: St Blazey Family Hub

Adults can gain valuable insights into practical topics like wills, power of attorney, and insurance, while children engage in a fun Karate activity session.

Booking link: <https://forms.gle/aakMaNh3cVf4mERV7> Free

These events are designed to provide families with an opportunity to bond, learn, and find moments of joy amid challenging circumstances. By combining activities for children and resources for adults, Gunners Kids CIC aims to support families in a holistic way.

Gunners Kids CIC also offers support boxes specially designed for children. Families can register to receive a box by completing the form available here: <https://forms.gle/ZPYEdJALjciSfgPW6>. The registration link can also be found on the organisation's Facebook page.

Set up in memory of Chris Gunner who passed away in April this year after a three-year battle with Bowel Cancer, the organisation aims to enable families to create lasting memories with their loved ones by offering activities, workshops, information, and peer support in a safe, understanding, and welcoming environment.

For more information, please contact:

Tamsin Chapman-Gunner, tamsin@gunnerskids.org or visit www.gunnerskids.org

Tamsin Chapman-Gunner ACIM

Co-Founder and Director

Gunners Kids CIC



LOOE GOLF CLUB - LADY VETS SECTION

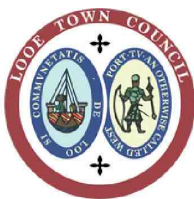
Hats off to a good field of Lady Vets who braved a bitterly cold morning to play their Santa hat competition.

In teams of three with double points for the 'hat' wearer they played a 9 hole stableford with two best scores from three. Winners with 60 points were Jackie Courts, Toni Stokes and Carol Stevens, second with 59 points were Pat Butler, Alison Talling and Jill Westbrook, third with 58 points were Shirley Nicholls, Margaret Bunton and Mo Inglis, and fourth with 57 points were Lynne Staines, Jane Patchett and Sheila Tilbrook. They also enjoyed a quiz and Santa's secret sack followed by Christmas fare.

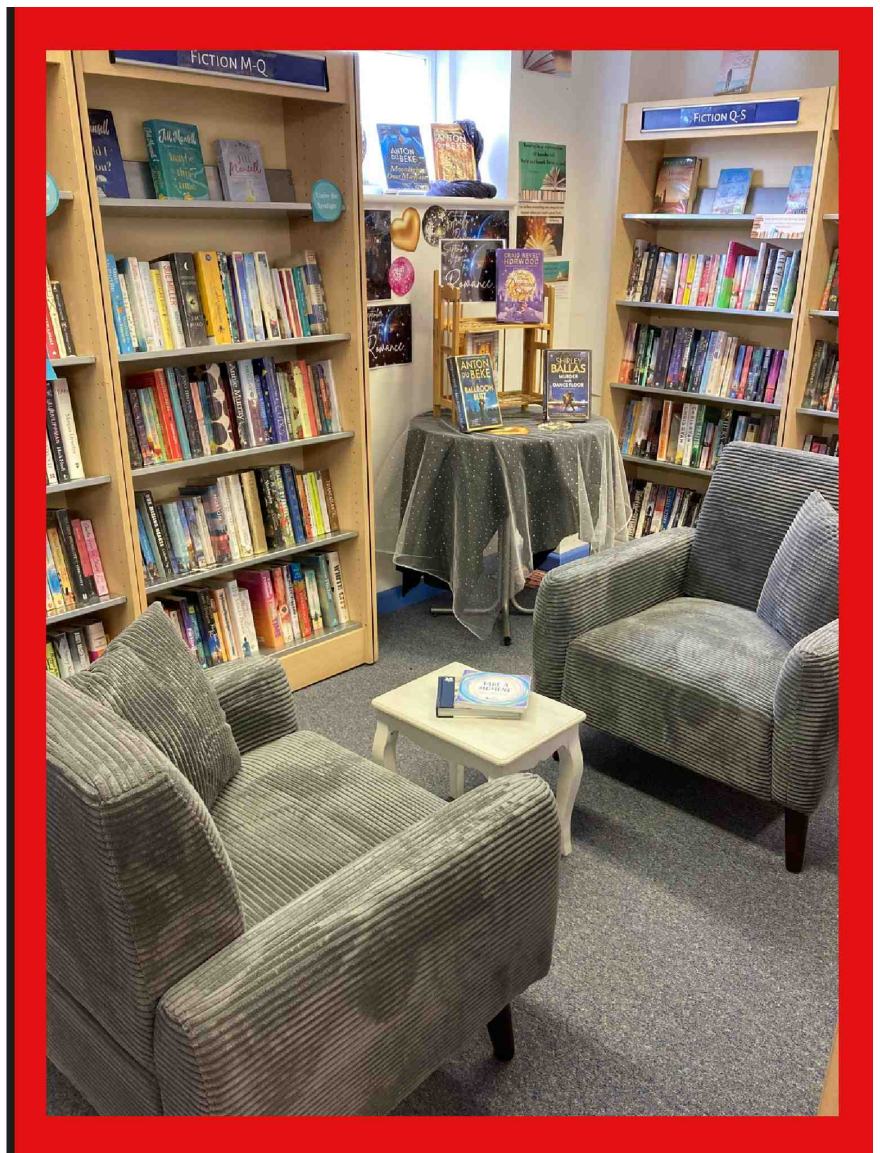


1-3 Jackie Courts, Toni Stokes, Carol Stevens with Vets Capt. Sara Walker.

Welcome to
your
Warm Space
@Looe Library



Library Opening Hours:
Mon & Fri 9:30am-1pm
Tues & Thurs 9:30am-5pm
Sat 10am-2pm





We've just launched our 2025 Events Calendar!

It features at least six rockpool rambles on low tides in the school holidays, multiple beach cleans plus a line-up of amazing guest speakers for our talks programme in spring, autumn and winter. Not including other pop-up events throughout the year.

Our FREE talks take place upstairs at the RNLI Station every third Tuesday of the month at 6.15pm. Stay on and join us for our monthly meeting.

No need to pre-book events - just turn up. Donations are welcome.

Whether you want to get outside or come indoors to learn more about Looe's marine environment, there's something for everyone.

DIARY DATES FOR FEBRUARY/MARCH



'Love Your Beach Day' Beach Clean - Sat 15th February, 12:30 - 14:00, Seaton Beach

What better way to show your love for the beaches than to join our friendly group to clean Seaton Beach? All kit will be provided, all we ask is that you come along in suitable clothing and footwear. Meet on Seaton Beach; look out for our LMCG sail flag near the slipway/opposite the Beach House.



Half Term Rockpool Ramble - Sun 16th February, 13:30 - 15:00

Hannafore Beach, below Coastguard Station

Join us for the first public rock-pooling session of the year! At this event suitable for the whole family, we'll explore the fascinating rocky shore. February is an amazing month for lots of rockpool discoveries. You'll

learn about the interesting animals and plants that call it home. Please wear suitable footwear and don't bring nets as they can harm delicate sea creatures.

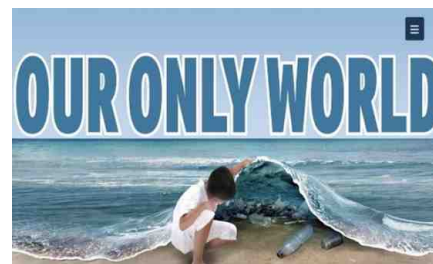
'What Lies Beneath' – Tuesday 18th February, 18:15-20:30

Guest speaker Tina Robinson, Our Only World

RNLI Lifeboat Station Crew room, Looe

Tina Robinson, founder of Our Only World, will discuss her charity's mission to reduce single-use plastics. She'll introduce the 'Living Sea Wall' project, a collaboration to create marine habitats in Plymouth Sound using modular concrete panels. Tina will also detail the 'water refill station initiative,' operating in Looe, including updates on existing refill locations nationwide and two new models in development. Plus her aims to inspire children.

A scuba diver since the early 1980s, Tina recognizes how much the marine environment has changed and is committed to helping restore it for future generations through her charity. At 70, she believes she's finally found her true calling. The talk will be followed by our in-person monthly meeting to which all are welcome.





Beach Clean - Sat 1st March 11:00-12:30

Stinkers Cove, Talland

Meet at the NT carpark opposite the Smugglers Cafe

Stinkers Cove is a small beach next to Talland Bay. It can have a lot of litter but is often missed by beach cleaners. Let's litter pick, chin wag then eat cake after at the Smugglers Rest Café.

Free parking and a meal deal arranged. All equipment provided.

All we ask is that you come along in suitable clothing and footwear.

'Coastal Conservation In A Changing World' - Tues 18 March 18.15-20.30

Guest speaker Dan Barrios-O'Neill, Cornwall Wildlife Trust

RNLI Lifeboat Station Crew room, Looe

Cornwall's marine and coastal habitats play a vital role in its history, culture, wellbeing, recreation, and economy. However, new marine infrastructure developments pose challenges to their protection. Cornwall Wildlife Trust's Marine Team is striving to safeguard these habitats while balancing community interests, habitat preservation, climate change mitigation, and the transition to a low-carbon economy. Our speaker Dan Barrios-O'Neill of Cornwall Wildlife Trust will discuss these issues in a talk addressing recent projects in Cornwall, such as desalination, seaweed aquaculture, and floating offshore wind. Dan is Head of Marine Conservation at Cornwall Wildlife Trust, with 20 years of experience in ecology and conservation.

APPLIES TO ALL EVENTS:

Under 18s must be accompanied by an adult.

At our FREE events, we welcome donations to cover LMCG costs, especially when we host guest speakers. Please check our website (www.looemarineconservation.org) and Facebook page (www.facebook.com/LooeMCG) closer to the time of the event for the most up to date information. Any other queries please email looemcg.events@gmail.com.

CALM-SPACE  CHILDMINDING

My name is lisha, and I am a qualified and Ofsted registered childminder based in West Looe. I have many years of experience working within childcare and educational settings.

My opening hours are from 7am - 6pm Monday – Friday

All families are welcome, including home-educated children.

If you require a childminder, and would like to find out more about

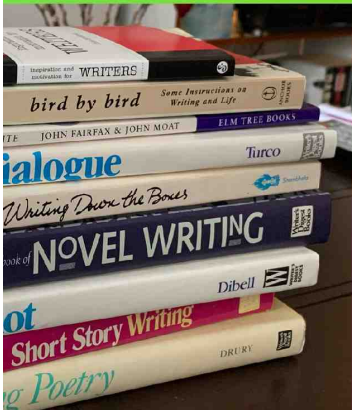
Calm-space Childminding

Please call or message me on: 07984017776

or email me at: ieware17@gmail.com

Community Workshops - Getting Started with Creative Writing

Have you always wanted to write, but aren't sure where to start?
Do you have some writing experience, but could do with a creative refresher?



Join us for 3 free, supportive sessions:

Tuesday 25th February 2025, 10.30am - noon
Sparks! Getting Started: building blocks and where to find ideas

Tuesday 4th March 2025, 10.30am - noon
It's All in the Detail: how to create convincing characters and settings

Tuesday 11th March 2025, 10.30am - noon
Next Steps: Pulling it all together and developing your work

Booking Essential. Phone Looe Library 01503 262390



Sessions will be led **Jackie Taylor**, who joins Looe Library and Community Hub as our inaugural **Writer in Residence**.

Jackie Taylor is a writer of short fiction, poetry and creative non-fiction, based in Looe. Her work has appeared in numerous online and print journals and anthologies, including most recently Spelt Magazine and Cornwall in Short (ed. Kate Horsley, P.T. McAllister). Her collection of short stories, Strange Waters, was published by Arachne Press (London) in 2021. She has a Master of Letters in Creative Writing (with Distinction) from the University of Glasgow and was a member of the steering group who brought us Looe Festival of Words in 2024.



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Broken Key Extraction
UPVC/Composite Door Adjustment



CORNWALL CRICKET BOARD TO HOST SECOND LGBTQ+ GLOW IN THE DARK CRICKET EVENT

Cornwall Cricket Board is thrilled to announce its second LGBTQ+ cricket event, set to take place on Friday, 7th February 2025. Building on the success of the inaugural event held in November, this initiative is funded by The National Lottery Community Fund and is part of a broader series celebrating inclusivity, diversity, and the joy of cricket within the local LGBTQ+ community and beyond.

Glow in the Dark Cricket brings an electrifying twist to the traditional game. Under the brilliance of UV lighting, players will wield fluorescent bats, balls, and accessories, creating a visually spectacular experience. This dynamic reimagining of the sport combines the thrill of cricket with the vibrant energy of neon, ensuring an evening filled with fun, action, and community connection.

Open to all, regardless of skill level or experience, the event aims to provide a welcoming and supportive environment for participants to enjoy cricket in a safe and inclusive space.

Kellie Williams, Cornwall Cricket Board's Community Engagement Lead, said: "I'm looking forward to welcoming people from all backgrounds for an evening of fun, music and socialising! Whether you're an experienced player, or looking to try cricket for the first time, everyone's welcome!"

Joe Skinner, Managing Director of Cornwall Cricket Board, added: Cricket welcomes people from all backgrounds and we are delighted to provide opportunities to play cricket in such a fun and unique environment. This is about fun in a safe space, lots of music, the glow in the dark equipment and of course bright clothing, cricket is the vehicle for having fun. It doesn't matter how you bowl or bat, come and have a go!

Whether you're a seasoned cricketer or looking for a unique and fun evening, this event promises an unforgettable experience. Attendees are encouraged to wear their brightest neon gear and prepare for a night of glowing excitement, laughter, and cricket!

Event Details

Date: Friday, 7th February 2025

Location: Cornwall Cricket Centre, Truro, TR13XX

Entry: Free

For more information contact Kellie Williams: kellie.williams@cornwallcricket.co.uk
or register online at: <https://forms.gle/5em8mfyvJKpqCmHQ9>.

Cornwall Cricket Board remains committed to fostering opportunities for individuals aged 5 and above to engage with cricket across the county. As the official governing body for cricket in Cornwall, the Board is dedicated to promoting a love for the sport among players of all ages and backgrounds.

WELCOME TO WEDDINGS AT LOOE GUILDHALL

The impressive and historic Grade 11 listed Guildhall was built in 1877 – as can be seen on the weathervane that proudly stands at the top of the clocktower.

The Guildhall Chamber has been licenced to perform civil marriages.

Your wedding ceremony will take place in the first floor Guildhall Chamber with a high wooden ceiling, large oil paintings and of course, magnificent stained-glass windows. You will feel a total sense of grandeur as you stand together to exchange your vows.

Exchanging wedding vows is a special moment for all couples and such a memorable event deserves to take place in a historic building.

The Chamber gives a sense of occasion and can host elopement weddings with just the couple and two witnesses, or can comfortably seat 60 guests, or any number in between!

*Say "I Do" at
The Guildhall
Looe*

*Phone 07399 456 869
to book or to view this
fabulous
wedding venue.*



**For further information, or to book a viewing,
please call Amanda on 07399456869 or Email
ceremoniesbyamanda@outlook.com**

Your Day, Your Way, Making Memories That Will Stay

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Coal & Smokeless Fuel**



LOOE SAILING CLUB

Since the end of the sailing season over 100 members enjoyed the Annual Dinner and Dance held at the Hannafore Point Hotel.

Following the meal Commodore Simon Bennett proceeded to outline the highlights of another successful season, which was followed by his wife Ingrid presenting the end of season trophies to fleet winners and special awards for outstanding performance.

These included the most improved sailor going to young Jenson Jones and Sailors' Sailor, voted upon by all the sailing members going to Jazz Jackman.

Once again Christmas Eve saw a large number of members enjoying a pre-Christmas drink accompanied as usual by the music of Richard James. During the afternoon a presentation was made to retiring stewardess Karen Bowdler in recognition of her many years of wonderful service to the Club.

Planning is already well in hand for the new sailing season that starts in late March. This year the Club is pleased to be able to host two visiting fleets for their National Championships, the Fireballs at the end of May and later in the year the Merlin Rockets in August. On different weeks in August both our Redwing and Enterprise fleets will be visiting Tenby in West Wales to take part in their National Championships. A busy year to come.



**The Millpool Centre
in West Looe is a
popular venue for
wedding receptions,
with excellent
facilities and
stunning views.**

**For more details ring
01503 265947**



January 2025



LOOE LIBRARY

MONTHLY UPDATE



Happy New Year to our fellow Cornwall Library sites and library members.

Throughout December, Donna entertained the children with Jingle Bells and Christmas stories.



At Saturday Club, Children made and wrapped a Gift to Give and had a LOT of fun with GLITTER!

THANK YOU

..to our **Knit & Natter** group who have excelled themselves and made a beautiful, knitted Nativity for our library.



Knit & Natter meet at the library every Tuesday. Come and join the first meeting of the new year on Tues 7th January. Maybe you would like to learn to crochet? Look out for our **New Year, New Hobby Workshops** and explore something new.

Catherine
Supervisor, Looe Library & Community Hub

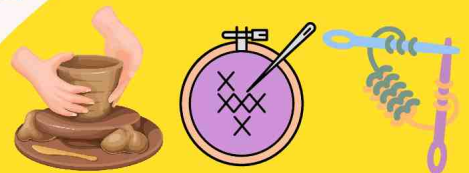
The library team were busy serving Mulled Wine at Looe's annual Lantern Parade. Donations were made to the Mayor's Fund.



Do you know of anyone who is finding it too difficult to get to the library during the winter? **Looe Library Home Delivery Service** can help! Please contact the library team on 01503 262390.



Book Now!



New Year, New Hobby Free Adult Art & Craft Workshops



Follow us on Facebook
Looe Library & Community Hub

FREE CLUBS & GROUPS
Stories & Songs EVERY MONDAY 10:30-11AM
Knit & Natter EVERY TUESDAY 2-4PM
Saturday Club EVERY WEEK 11AM-1PM

u3a learn,
laugh,
live



LOOE AND DISTRICT U3A CHRISTMAS CELEBRATION

Nearly 80 members of the Looe and District U3A enjoyed their Christmas luncheon at the Portbyhan Hotel, West Looe.



It proved to be a very enjoyable event. Thanks go to Chris Barwell and her events team for the organisation, with thanks also to Jackie Fletcher for the splendid raffle. For further photos please go to <https://looeu3a.org/>.

LOOE SOCIAL CLUB

February Acts:

1st Jukebox Pro2Col
8th Opium
15th Mighty Pumpkins
22nd. Disco with The Groovy MAN

March Acts:

Saturday 1st Katy J
Saturday 8th Road Runner
Saturday 15th Rev'nd Soul
Saturday 22nd Tilly
Saturday 29th. Chris Bandaros

April Acts:

Saturday 5th Rolling Tone
Saturday 12th SONNY King
Saturday 19th Stryde
Saturday 26th Simon Gee

**For further details and times,
please see Looe Social Club FB
page**

u3a Looe & District

Are you retired or semi-retired?
Looking for some lively company, fun
friendships and stimulating activities?
Then why not join Looe & District u3a.

We are a friendly organisation meeting once a month in St. Martin's Hall to listen to informative speakers covering a wide range of topics. We also have smaller Interest groups: from Art to Wild Swimming and everything in between!

Enjoy social events? We arrange many trips, concerts, quizzes, lunches and teas.



The motto of the u3a organisation is
Learn, Laugh, Live and that's what we do!

Check out our website on looeu3a.org

For more information, please contact the Chair,
Alison Currah on chair@looeu3a.org
or the Membership Secretary on
membership@looeu3a.org



MILLPOOL CENTRE TIMETABLE

Mon	8am– 9am	Yoga with Gocha: www.gochawellness.com
	10.30am– 11.30	Paracise: Exercise class with Lisa Gorman 1st floor 07890 381 516
	2pm - 4pm	Panto rehearsals: contact Marylyn King
	4pm - 8pm	Bond Dance company: contemporary & commercial age 3-young teens term time only contact: 07969 212 902
	4pm– 5.15pm	Yoga with Maria - contact - 07980 533 050 1st floor check dates with Maria for term times
	7.30pm - 9pm	Looe Karate Club –Contact Dave - 07889 310 908 1st floor
Tue	8.30am & 9.45am	Pilates with Kerry - 07588 220 007 1st floor
	10am - 11am	Little Wiggles: Movement, stories & songs babies & pre walkers
	11am - 12pm	Wear & Wiggle: Dance with your baby: BDC 07969 212 902 (Term time)
	11am - 12pm	50 Plus Dancercise with Sheila’s School of Dance 07866771429
	2pm - 3.30pm	Exercise Class with Looe Exercise Group - 01503 265947 1st floor
	7pm - 8.30pm	Mindfulness meditation with Natalie:1st Tue of each month from 3rd Sept : 07973 267 232: natalie@natalie-brooks.co.uk
Wed	8am—9am	Yoga with Gocha 07539 178 840 1st floor (Check for term dates)
	6pm - 7pm	Adult contemporary dance with Gocha wellness 1st floor
	7pm - 8pm	Pilates: Gocha Wellness 1st floor
	4.30pm—6pm	Last Wednesday of each month - Community Meals - 07766 020 524
Thu	10am - 10.45am	Jump & Wiggle : BDC : 07969 212 902 Baby & Toddler group (Term time)
	11am - 12pm	Sheila’s School of Dance Adult Dancercise - 07866 771 429 1st floor
	12.30pm - 1.30pm	Tai chi: Kath Revell: 07729 907 056 1st floor
	1.45pm-3.45pm	Cornwall Mind Community Café 2nd Thu of month: Vocal group 4th Thu
	4pm - 8.30pm	Ballet & Tap classes, contemporary & street Child & Adult with Bond Dance Company: contact Rachel 07969 212 902 1st floor (TERM TIME ONLY)
	7pm - 9pm	Ukulele Club (Ground Floor) contact Roger Lane: 01503 262775
Fri	1.30pm - 2.30pm	Jummah Prayers: contact 07974 223 693 From 27th Oct 12.30 - 1.30pm
	4.30pm - 7.30pm	Looe Youth Theatre - 07920 282 818 (Fiona) ground floor (Term time only)
	6pm - 7.15pm	Multi-Fit Exercise Class (Hooping (optional), Body Conditioning, Pure Stretch)
	7.30pm - 9pm	Bond Fitness with Denise Bond 07779 059 868 1st floor Looe Karate club 01503 264767 (Dave) 1st floor

Sat & Sun Centre Available For Private Hire - 01503 265947

The Millpool Centre, West Looe. PL13 2AF : manager@millpoolcentre.org



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Poster images and adverts should be full, half (landscape) or quarter (portrait) page A4 size.

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